Menu Item Labels

Entrées:
- Dynamite Deli Sandwich
- Chillin’ Chicken
- Surf’s Up Fish Sandwich
- Touchdown Turkey Wrap
- Super Salad
- Sporty Spaghetti w/ Meatballs
- Home Plate BBQ
- Fiesta Nachos
- Big Muscle Burger
- Tasty Taco Salad
- Strong Body Stir Fry
- Big Brain Burrito
- Top Score Tacos

Protein:
- Energy Boosting Edamame
- Heart Smart Hummus
- Be Strong Beans

Grains:
- Golden Roll
- Power Up Pasta
- Roaring Rice
- Get Up and Go Grits

Fruits:
- Outstanding Oranges
- Super Power Strawberries
- Sun-ripened Kiwi
- Peppy Pears
- Pump Me Up Pineapple

Veggies:
- Popping Peppers
- Farmer’s Favorite Broccoli
- Gear Up Green Beans
- Smart Start Spinach
- Cream of the Crop Cauliflower
- Power Up Sweet Potatoes

Additional descriptive ideas for names:
- Fresh Picked __________
- Perfectly Picked __________
- Tropical __________
- Brain Booster __________
- Garden Fresh __________
- Farm Stand ______
Ceiling Danglers

Grow strong from the inside out.
Be STRONG4LIFE

Feed Your Body & Mind Poster

Feed your body and mind with smart foods.
Be STRONG4LIFE

Job Aid Poster

Serving up smart foods.

STRONG4LIFE Checklist:
1. Smile and greet students by name.
2. Prompt students to choose a brain-boosting fruit or veggie.
3. Encourage students to try a new smart food.
4. Praise students for smart food choices.