

# Toddler Daily Report

## DROP-OFF INFORMATION

Child name: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Arrival: \_\_\_\_\_

## ABOUT YOUR CHILD'S DAY

Today I: \_\_\_\_\_

Notes: \_\_\_\_\_

## MEALTIME

Breakfast/Morning Snack: \_\_\_\_\_

I tried everything  
  I tried some foods  
  I wasn't very hungry

Notes: \_\_\_\_\_

Lunch: \_\_\_\_\_

I tried everything  
  I tried some foods  
  I wasn't very hungry

Notes: \_\_\_\_\_

Afternoon Snack: \_\_\_\_\_

I tried everything  
  I tried some foods  
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Notes: \_\_\_\_\_

## DIAPER CHANGES/TOILET TIMES

TIME:	TYPE (circle):	INITIALS:
	WET / BM	
	WET / BM	
	WET / BM	
	WET / BM	
	WET / BM	
	WET / BM	
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## NAPS

FROM:	UNTIL:

### Strong4Life Tip:

Filling up on sweet drinks like juice, fruit punch or soda can keep your child from eating the healthy foods he needs. Water and plain milk are best.

For feeding tips from the experts at Children's Healthcare of Atlanta, visit [Strong4Life.com](http://Strong4Life.com)

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### Strong4Life Tip:

It's normal for toddlers to eat a lot at one meal and a little at the next. Letting your child decide when she's had enough can help prevent a power struggle during mealtime.

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### Strong4Life Tip:

Some kids need to be offered the same food 10 to 15 times before they are willing to accept it. The key is to let your child see you happily eating the new foods and to be patient.

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### Strong4Life Tip:

Family meals are a great way to model healthy habits. Serve your child the same healthy foods as the rest of the family, and remove distractions, such as TV, toys and cell phones.

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### Strong4Life Tip:

As messy as it can be, one of the most important things you can do for your child's development is to let her feed herself. It's OK for toddlers to use their hands while still offering utensils.

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### Strong4Life Tip:

To easily track your child's milestones, download CDC's free Milestone Tracker app or visit [www.cdc.gov/Milestones](http://www.cdc.gov/Milestones).

# Toddler Developmental Milestones

Use the “Today I” line to communicate healthy child development milestones to support a strong teacher/family connection.

## FEEDING MILESTONE:

- Practiced using my fork and/or spoon (*PDM6*)
- Drank water/milk from an open cup (*PDM6*)
- Tried a new food, \_\_\_\_\_, and loved it! (*PDM2, SED2*)
- Tried a new food, \_\_\_\_\_. I didn't love it this time, but I'll try it again later (*PDM2, SED2*)
- Helped my teacher set the table, serve my food, clean up, etc. (*SED3, CLL1*)
- Participated in a fun cooking activity. We made \_\_\_\_\_ (*PDM2, PDM4*)
- Read a book about different kinds of veggies and fruits, \_\_\_\_\_ (*PDM2, CLL5*)
- Signed or said “more” or “all done” (*CLL3, CLL4*)

## SOCIAL/EMOTIONAL DEVELOPMENT:

BY 1 YEAR	BY 18 MONTHS	BY 2 YEARS	BY 3 YEARS
Brought my teacher a book I wanted to read	Brought a toy, _____, to my teacher/friend to play	Was so funny when I copied my teacher/friend doing _____	Was excited to come to school, and didn't cry when parent left
Played peekaboo or pat-a-cake	Was happy to hug my teacher/friend	Played a game with my friends, _____	Showed concern for a friend who was sad
Has a favorite friend, _____	Played pretend by feeding a doll, talking on a play phone, etc.	Was so excited to see my friend, _____	Did so well taking turns while playing a game, _____ with friends

## MOVEMENT/PHYSICAL DEVELOPMENT:

BY 1 YEAR	BY 18 MONTHS	BY 2 YEARS	BY 3 YEARS
Pulled up to stand, walked holding on	Walked alone	Kicked/threw a ball	Ran while playing outside
Took a few steps	Started to run	Drew a straight line/circle	Pedaled a tricycle
Stood alone	Pulled a toy while walking	Stood on my tiptoes	Had fun climbing on the playground

## LANGUAGE AND COGNITIVE (LEARNING, THINKING, PROBLEM-SOLVING) DEVELOPMENT:

BY 1 YEAR	BY 18 MONTHS	BY 2 YEARS	BY 3 YEARS
Waved “bye-bye”	Pointed to something I wanted, _____	Built a tower with blocks	Named all my friends' names
Said “mama” or “dada” or “uh-oh”	Pointed to _____ (name of a body part)	Talked in a short sentence, saying _____	Had fun playing make-believe (cooking food, playing doctor, etc.)
Tried to repeat _____ after my teacher said it.	Learned a new word, _____	Followed instructions when my teacher said, _____	Had fun putting together puzzles