The RDN's Role in Addressing Weight Management and Lifestyle Interventions for Kids and Teens

STRONG4LIFE

Children's Healthcare of Atlanta

August 27-28, 2025
Emory Health Sciences Research Building
1760 Haygood Dr. NE, Atlanta, GA 30322

Join us for an exciting and free 2-day, in-person conference hosted by Children's Healthcare of Atlanta Strong4Life.

If you participated in Children's Strong4Life RD conference in March 2024, you'll find that Day 1 covers the same material. You are welcome to join as a refresher, or you may choose to skip Day 1 and only attend Day 2.

Aug. 27 Agenda

7-8 a.m.	**Registration and breakfast**
8 a.m.	**Introduction to Children's Healthcare of Atlanta Strong4Life** Wendy Palmer, MS, RD, LD, CHES
8:15 a.m.	**From Within to With Patients: Challenging Weight Bias to Reduce Stigma and Improve Patient Experiences and Care (1 Health Equity CPEU)** Elise Ozbardacki, PhD
9:15 a.m.	**Break (with refreshments)**
9:30 a.m.	**Motivational Interviewing for Obesity Treatment (2 CPEUs)** Susan Bell, RD, LD, IBCLC
11:30 a.m.	**Lunch (provided)**
12:30 p.m.	**Navigating Food Behaviors: Counseling Techniques for Addressing Food Challenges for Families With Obesity (1.5 CPEUs)** Katherine Shary, RD, LD
2 p.m.	**Break (with refreshments)**
2:15 p.m.	**The Business of Medical Nutrition Therapy: Credentialing, Coding and Billing (2 Ethics CPEUs)** Caitlin Waddle, MS, RD, LD
4:30 p.m.	**Social Hour (appetizers and drinks provided)** Enjoy a networking opportunity to talk and mingle with other RDs!

Contact Strong4LifeProvider@choa.org with any questions.

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Aug. 28 Agenda

7-8 a.m.	**Registration and breakfast**
8 a.m.	**Nutrition Support for Youth Seeking Obesity Care (1 CPEU)** Jessica Reilly, MD, FAAP, DABOM, and Bailey McIntire, MS, RDN, LD
9 a.m.	**Break (with refreshments)**
9:15 a.m.	**Group A: Motivational Interviewing Counseling Simulations (1 CPEU)** Various Facilitators **Group B: Foundations of Setting SMART Goals** Susan Bell, RD, LD, IBCLC **Groups will be assigned upon arrival**
10:30 a.m.	**Break (with refreshments)**
10:45 a.m.	**Group A: Foundations of Setting SMART Goals (1 CPEU)** Susan Bell, RD, LD, IBCLC **Group B: Motivational Interviewing Counseling Simulations** Various Facilitators **Groups will be assigned upon arrival**
11:45 a.m.	**Conference wrap-up**

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