



STRONG⁴LIFE™

Helmets can reduce risk of severe brain injuries by 85%, so make sure your child is always wearing a properly fitted helmet while riding anything with wheels.



5 Tips for Helmet Safety

- 1** The front edge of the helmet should be two finger widths above the eyebrows.
- 2** The helmet should be snug and not slide around once it's put in place.
- 3** The front and back straps should form a V just below the ear.
- 4** The front straps should be vertical and slightly in front of the ears.
- 5** When the mouth is open, the chin strap should be snug.

Looking for a helmet? Fill out the contact form at [SafeKidsGeorgia.org/contact](https://www.SafeKidsGeorgia.org/contact) and someone will reach out with information for your area.