Preventing the Spread of Germs in Your Classroom

It is more important than ever to keep common spaces clean and as germ-free as possible. Check out these expert tips from our illness prevention team to keep your space clean.

Classroom checklist

Before the first day of school, try your best to:

- Stock up on cleaning and hygiene supplies
  - Alcohol-based hand sanitizer (at least 60% alcohol)
  - Paper towels
  - Cleaning and disinfectant wipes or spray for high-touch surfaces
  - Tissues
- Identify a safe and secure storage place for cleaners and disinfectants when not in use.
- Space the seating to accommodate for social distancing, keeping in mind that students should not be facing one another.
- Stock up on supplies to minimize sharing (e.g., writing utensils, art supplies, technology, etc.).
- Develop a strategy to limit sharing of books, technology, toys or other learning aids.
- Post signage to promote everyday protective measures and demonstrate how to stop the spread.
- Identify routine handwashing times (e.g., upon arrival, before and after eating, after coughing/blowing nose, after going to the bathroom).
- Stock up on pre-packaged snacks and bottled water (if feasible).

Daily germ-fighting checklist

- Ensure students wash hands or use alcohol-based hand sanitizer upon arrival.
- Ensure students are wearing masks properly (if required).
- Clean high-touch surfaces at least once per day:
  - Desks
  - Door handles
  - Sink faucets and handles
- Ensure students wash hands before and after eating.

The information provided is only a recommendation. Be aware of and follow your school’s or district’s guidelines.

For more tips and expert advice, visit Strong4Life.com/reopening.